

UPPER ENDOSCOPY (EGD) INSTRUCTIONS

Please read carefully and as soon as possible.

1. For the safest examination of the stomach, it must be completely empty. You should have nothing to eat for **8** hours before the examination. You may have sips of clear liquids up to **4** hours before the procedure.
2. Before the test, be sure to discuss with the doctor whether you should adjust any of your usual medications including over the counter medications. Also inform of any drug allergies you might have, and whether you have any major diseases, such as heart and lung conditions that might require special attention during the procedure.
3. DISCLOSURE – If your procedure is scheduled at Twin Rivers Endoscopy Center, it is for your information that Dr. Mittal and other physicians have financial interest in Twin Rivers Endoscopy Center.
4. You will be sedated for the test and cannot drive after the procedure. You will need to arrange to have someone drive you home after the procedure.

DATE AND TIME: _____

PLACE: Twin Rivers Endoscopy Center

 Roseberry Surgery Center/St. Luke's Warren Hospital

 Easton Hospital SPU